

Improve Your

Mother-Daughter Relationship



Do praise the things they do well and praise constantly.

Do emphasize that mistakes are normal, but correction is necessary to spiritually grow and mature.

Do go on mother-dates.

Do ask for their forgiveness when you make a mistake.



Do pray for them always.



Don't parent from a place of condemnation.

Don't criticize their every mistake.

Don't yell or scream. Use stern, but calm voice.

Don't mistake their independence for them not needing your or wanting your help.

Don't wait for them to initiate affection. Offer hugs and cuddles regularly.

